



C'EST LA VIE 2

C'est la Vie, 2nd phase. Sexual and Reproductive Health of Adolescents and Young People in West Africa

In West Africa, health care and services are not adapted to the needs of young adults.

Contraception is not available, access to free healthcare is limited, there is no prevention programme and legislation is restrictive with regard to testing minors.

Statistics show that 28% of women aged between 20 and 24 have already given birth before the age of 18, that 60% of young women are already wives, with 4 out of 10 girls married before the age of 18, and that one in four girls who has been married has suffered physical, emotional or sexual violence. In addition, the region has the highest fertility rate in the world, with 129 births for every 1,000 young women aged between 15 and 19, and the lowest use of modern contraception, with only 16% of all women using contraception.

In public and community healthcare systems, sexual and reproductive health and rights are insufficiently addressed, especially for adolescents and young people, particularly young women. This includes access to safe information, quality SRHR services and products at all times and in all places, and the participation of young people, particularly young women, in governance bodies on SRHR issues.

KEY DATA



Project duration: February 2023 - June 2026



Beneficiaries: 100,000 adolescents, 178 health providers and community workers, 4 focal points per country, 80 community leaders from the 16 CSO partners in the project, 16 CSO partner managers.



Source of funding : AFD



Partners: Solthis, RAES, Equipop, AIBBEF, Ratanga Club CSOs, Alliance Droits et Santé, UCPO



Countries: Burkina Faso, Côte d'Ivoire, Niger, Senegal

OBJECTIVES

General objective: To support the adoption of safer behaviours that are more respectful of SRHR and gender by adolescents and young people, in particular girls and young women aged between 15 and 35, by strengthening their ability to make choices and take action to ensure fair and equal access to SRH services and products in Burkina Faso, Côte d'Ivoire, Niger and Senegal.

Specific objectives:

- Empowering girls and young women in order to reconfigure power relations between men and women and create the conditions for fair and equal access to SRH services.
- Improving the quality of fixed and mobile SRH services in the project's areas of intervention, so that they are tailored to the specific needs of adolescents and young people, particularly girls and young women.

EXPECTED RESULTS



- **OS1R1:** The ability of adolescents and young people, particularly girls and young women, to make choices and take action on their sexual and reproductive health is strengthened by improving their knowledge and decision-making skills.
- **OS1R2:** Adolescents and young people, particularly girls and young women, are aware of their rights, are present and participate in governance bodies relating to SRHR issues.

- **OS2R1:** The knowledge and skills of healthcare providers (health district staff, healthcare workers in health facilities, community health workers) in terms of SRHR and gender are strengthened, improved and adapted to the specific needs of adolescents and young people, particularly girls and young women.
- **OS2R2:** The targeted health facilities have improved their SRH services for adolescents and young people, particularly girls and young women, by strengthening the framework for care and implementing a youth approach.



GLOBAL ACTIVITIES

- Participation in the Strategy Committee (quarterly)
- Participation in the experts' committee (quality review of content and tools)
- Study on the determinants of access to and experience of healthcare for adolescents and young people, in particular girls and young women
- Adaptation of training modules (1 workshop to pool modules)
- Support for supply and stock management (development of a module + GAS tools for the 3 countries)
- Participation in the formulation and implementation of the ESP and learning plan
- Participation in annual regional meetings with all implementation partners
- Participation in dissemination activities (workshops, conferences, etc.)
- Mid-term and final evaluation

In partnership with :



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